Student Support - I Need Help With...

My Feelings and Mental Health Managing Low Mood, Unusual Feelings & Depression

Student Support student.unsw.edu.au/advisors **Equity Diversity and Inclusion (EDI)** edi.unsw.edu.au/sexual-misconduct Reporting Sexual Assault/Harassment **Educational Adjustments Equitable Learning Services (ELS)** student.unsw.edu.au/els To Manage my Studies and Disability / Health Condition **Academic Skills** student.unsw.edu.au/skills Academic and Study Skills Special Consideration **Special Consideration** student.unsw.edu.au/special-consideration Because Life Impacts our Studies and Exams In Australia Call Afterhours 1300 787 026 student.unsw.edu.au/counselling

Telehealth

student.unsw.edu.au/mind-hub

Online Self-Help Resources

UNSW Mental Health Support Line

Outside Australia Afterhours

24-hour Medibank Hotline

5pm-9am

+61 (2) 8905 0307

Mental Health Connect

Mind HUB